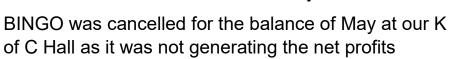
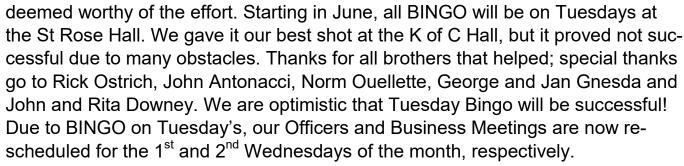
Knights Knews

Grand Knight Report

S Brother Knights,

We were saddened by the passing of PGK John McDermott while visiting family in Florida. John was a Knight for 48 years and a Grand Knight of our Council, 1982-1983. John was also a member of a group called KCO (Knights of Columbus Outdoorsmen) who loved to fish and hunt and was a regular at our annual Bishop fishing event. Our condolences and prayers for John, his wife Jill, and the McDermott family.





On Sunday, May 7, 15 brothers met at the K of C Hall to reflect on where we are going as a Council as we are faced with many challenges now and in the future. The discussion was lively, sobering and included several great ideas. One item jumped out: we need to engage new brothers! See the article in this bulletin.



Knights of Columbus

KNIGHTS OF COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.

Grand Knight Report Cont.

The process of nominations and elections was initiated by PGK Chris Smith. Nominations made at our May 9 Business Meeting for the 2023-2024 Columbian Year are as follows:

GK	Chris Fabry	Warden	John Linscott, Jr
DGK	Andrew Chauvin	Guard (Inside)	Larry Peletier
Advocate	Joel Bruemmer	Guard (Outside)	??
Chancellor	Paul Friedeborn	3-Year Trustee	Joe Ferrall
Recorder	John Downey	2-Year Trustee	Jerry Padgett
Treasurer	Jim Hook	1-Tear Trustee	Chris Smith

Nominations can still be made at our June 13 Business meeting.

On May 22, we had an Exemplification conducted by the Holy Cross Council team. Seven new members joined our Council! See the article in this bulletin.

The California State Council held their State Annual Meeting at Ontario, May 18-20. PGK Jerry Padgett FIA's Willie Romero and Anthony Rodriguez, and I attended. Jerry and I were voting delegates. I found the meeting inspirational and plan on attending next year's SAM in Visalia, CA. We placed 2nd in the Life Program category and received a plaque which is in our trophy case. We also placed in the top-ten for several other categories and are to receive certificates in the mail. Pictures will be placed in our gallery soon.

On Sunday, June 11, the Feast of Corpus Christi, St Rose will be having a Eucharistic Procession starting at about 2 PM, around the neighborhood. Please consider joining the procession.

Our <u>34th Chili Cook-Off, Car Show & Music Fest</u> is days away, June 24. The committee has been working hard to make this a successful event, but we need all brothers to help out as much as you can before, during and after the event. <u>THIS IS AN 'ALL HANDS ON DECK" EVENT - PLEASE CONTACT PAUL FRIEDEBORN ASAP (805-395-1126)</u> TO SIGN UP TO HELP! Also, visit the newly reconstructed website: <u>www.chilikc.com</u>.

Other events and dates can be found on the schedule at the end of this bulletin.

We have reduced clutter in our Trophy Cabinet and will be updating plaques. In particular, we need to update the 'IN MEMORY OF OUR DEPARTED SPOUSES" plaque as the last entry was in 2017.

Grand Knight Report Cont.

This past Columbian year has been a privilege, and honor and a challenge as your GK:

- A privilege to serve you, brothers, and your families
- An honor to be called GK and the leader of outstanding, Catholic men
- A challenge: from day 1, it felt like I was taking a step off a running bus and had to sprint to keep up!

I served to the best of my ability and learned a lot about the Council and the Knights of Columbus organization that I didn't know. My greatest delight in being GK was getting to know you more than I knew before, and working alongside you in very worthwhile endeavors. I thank God for that opportunity!

Brothers, please pray for me, and know that I pray for you!

Vivat Jesus GK Joe Ferrall 805-428-1894

Deacon's Corner

Corpus Christi

Scott Hahn, professor, Catholic theologian, author of many books on the Catholic faith, was a militant anti-Catholic in his youth. For example, he gave out anti-Catholic literature, ripped apart a rosary in anger, and tore up a Catholic prayer book.

After his seminary training, he became pastor of Trinity Presbyterian Church in Fairfax, Virginia. He also became a part-time instructor at a local Presbyterian seminary.

The first course he was assigned to teach was the "Gospel According to John". While preparing for chapter 6, something happened to him. He began to question what he'd been taught - and was now teaching others - about the Eucharist: that it was only a symbol of Christ's body, not the real body of Christ. This "questioning" was the start of a journey that led him into the Catholic Church.

The first big step of that journey came when he persuaded his wife to go with him to study at Marquette University in the 1980s. He wanted to learn first hand the Catholic thinking on the Eucharist. The more he learned, the more convinced he became that Christ was present in the Eucharist, body and blood, humanity and divinity. Then one weekday, he decided to do something that he never dreamed he would ever do. He decided to attend a Mass.

He writes in his book, which is called One Comes Home To Rome: All of sudden I realized this... was the setting in which the Bible was meant to be read.

Then came the Liturgy of the Eucharist. Hahn said that when the priest held up the Host, after the words of consecration, all doubt about the real presence of Christ in the Eucharist vanished. He wrote:

"With all my heart, I whispered, "My Lord and my God".... He concludes, saying: I left the chapel not telling a soul where I had been or what I had done. But the next day I was back, and the next, and the next....I didn't know how to say it, but I had fallen..in love with our Lord in the Eucharist! pp. 87-88

Viva Jesu

Deacon Terry

Knights of Columbus Insurance

When June rolls around a couple of things come to my mind: grilling and graduations. Now these two things don't seem to have much in common. In fact, some may say they have nothing at all in common. It simply illustrates how amusingly my mind works.

But let me expound a bit on both. Outdoor grilling comes on full force this time of year. Yes, in the warmer climates, there are those that grill all year round. Even in the colder climates, some make a point of outdoor grilling in the coldest of weather. But for most, June starts that season when the grill is often fired up and all the succulent goodness of charbroiled food is readied for the table. Now let me relate that to graduations: I've been to many graduation parties and there always seems to be that one person who is the designated grill master. Flipping hamburgers, turning hot dogs, kielbasa, and sausage, and tenderizing vegetables over an open flame for the celebrants.



How's that for a segue? From grilling to graduations! The end of the school year means graduations. Some, from the lowest educational levels...all the way to the highest. At whatever level you may fall, or your child may fall, I offer hearty congratulations! Graduating may mean moving up one more grade level or for some who are at the end of the educational journey, it might mean a step into a new career. Or maybe advancing in an already established career. Graduating has as a natural consequence, a moving on, taking the next step. Carefully preparing for a career, taking stock of talents and newfound knowledge, thinking of the impact your career may have on your family and the greater community; the graduate is ready!

I think of the work I do with my members and their families in the same way: getting you to graduate at the top of your class; well-prepared, knowledgeable, setting a course with impact for your family. Sitting down with me for a consultation starts the preparation. We can take stock of where you are and any recent changes in your situation with our state of the art financial needs analysis program. The end result is to help make sure you and your family are prepared: Prepared for the expected and the unexpected. The expected might be a comfortable retirement with adequate income to do the things you've always wanted to do. Being prepared for the unexpected is im-

portant, too: an untimely loss, an extended care event, a disability. Understanding the impact of having a strategy now is the first step in preparation.

l'Îl be calling soon to set up a time to get together a make sure you're set to graduate at the top of your class!

Vivat Jesus



Frank's Fitness

Update on Longevity Science

What's new? The rate of investment into potential avenues for living better longer is accelerating; new companies are increasingly forming to move from lab to clinic; that means improvements in health-span are close behind. Most of these efforts are incremental; repurposing of old drugs that show promise of slowing the process of wearing out with age and such. The big outcomes are further off – being able to repair or reverse damages of aging. Such as removing plaque from arteries and making them supple and elastic again; or regrowing neurons to repair a stroke; or repairing kidney damage to restore youthful function. Money is flowing into both these efforts, results will be life-changing.



What can the average citizen take advantage of right now? I think the most promising strategy is in killing off senescent cells – cells that stopped dividing because they grew old and became the producers of inflammatory signaling chemicals that accelerate damage of surrounding tissues and cause surrounding cells to become likewise senescent. Substances that destroy these cells are known as Senolytics because they cause these cells to break apart, allowing their parts to be recycled by the body. Ideally, this will change our aging rate from an ever-increasing rush toward death, to a linear rate of aging more like in our thirties or forties. There are several natural food chemicals capable of this action when concentrated and formulate together. I have used **Senolytic Activator by Life Extension**, and have moved from taking it quarterly to taking it monthly in expectation of slowing aging. I noticed no ill-effects from taking it more often. The obvious question is – is this reducing inflammation? I confess, I have not been tracking these measurements, and neither have my doctors. I can only say that I feel like aging (at 83) is not having a big impact on my function in the gym. The next strategy I recommend is boosting NAD+, an enzyme required for energy production in every cell, but which declines with age. The very good fortune is that its level can be raised to youthful levels by taking a supplement known as NMN (Nicotinamide Mononucleotide – big word; NMN is easier). NMN now comes in a liposomal form, meaning nearly all that is ingested is taken up at the cellular level and makes all cells function better throughout the body. When I first started taking it (as a sublingual powder) I was surprised to find that I had stopped taking afternoon naps in a couple of weeks – it snuck up on me unexpectedly; I just had no need for mid-afternoon naps. Four years later and I still move through the day with no noticeable drop in energy. (If you decide to try it use discount code **FRANK10** at check out for 10% off) Page 6

Frank's Fitness Cont.

Here's my pitch to those who like to self-experiment: These two strategies might get us to the time when the big outcomes are realized, when we can actually repair or reverse the damages of aging. And fear not: God can take us off the planet whenever He finally wants us with Him.

To Your	Greater	Health	and F	itness – I	n Christ,
Frank					

June Bereavement & Fraternal

Brothers and Sisters in Christ

This month we mourn the passing of John McDermott, Romeo Ramos, Charles Beck Jane Nemit wife of SK Jeff. Please keep the Ramos,Beck, McDermott and Nemit familes in your prayers.

Please keep the following especially in your prayers: Jim Fabray, Lori wife of 2262 SK Bill Alexander, PGK Bill Fisher PGK SK Bill Martin, Jo McKinley wife of PGK SK Al(d) and SK Tony Lemos.

PGK/SK Bill Alexander, Julie Scrivano

Daughter and wife Lori

Jeff Anderson

David Babcock and wife Maddy
Regina Barbosa daughter of SK Steve

Logan Brammer's mother-in-law

PGK SK Ron Brown

SK Jerry Brusseau and family

Andrew Budinski

PFN Alan Canfield

SK Richard & Susie Case

Guillermo Camarena's father

Bernadette, wife of Hugh Chisholm (d)

Rosa Camacho

Juanita Camacho mother of Tony

Brian and Joseph Conant grand nephew

and cousin of PGK/PFN Herman (d)

Patricia wife of SK Carl Cornell (d)

Marian Corson wife of SK Don Corson

Trudy wife of PGK/PFN Dominick

Costanzo (d)

SK Tony Crane

PGK/SK Tony DeMarco, Abrianna granddaughter and Jennifer DeMarco lezza

daughter

Sahera sister of SK Sam Doka

SK John Downey's wife Ritamarie

Andy Duport

Joyce Erickson sister-in-law, Amanda niece

and Pam wife of SK Fred Erickson (d)

SK Jim Fabry and grandson Seth

Diana Fabray wife of Chris

SK Neil Fanning's wife Lupita

GK SK Joe Ferrall and his friends Matt

Weaver Sr.& Jr.

PGK Bill Fisher

Brian Fransen son of SK Don (d)

Carmen Zarcone grand-daughter, Janice

Buck niece and Rose mother of Paul

Friedeborn

Peggy, wife of Gerald Giarrusso

Nick Gomes and wife Joanie

SK Cody Gorecki

SK Peter Grace

Jacqueline Griffith mother of SK Mark

Tanya Guzman

SK Bob Hacia's Sister in law Dalton Collins and uncle Tom Riza

Alfredo Hernandez and his sister

Alejandro Hernandez

SK Tim Hodgins and wife Terry

SK Lance Holman

Lois, wife of PGK SK Ron Huerth

Gayle Ireland wife of PGK/SK Russ

George Powell in Law, Walter Bingham uncle, Sara Jayne Powell Sister, Tim son,

Marianne and Carol daughters of SK Tom

Kinc

SK Duke Kopacz's wife Roberta

Tony Lemos and his brother Joel

Vincent Lendonne

Harold (Chris) Lev Jr.

Bob Linscott Nephew of SK John (d)

John Linscott Jr

DD Mike Locolo

Tony Loniero and son Jackie

Marlene Looney

Veronica Lopez & Alberto Anaya

cousin & nephew of SK Alberto Lopez SK Joseph Lopez and Daughter Denise

Julia Mora, daughter of SK Joe Lopez

PGK/PFN SK Tom Lotz

Leo Maciel

Ray Madden's brother-in-law Lou

PGK/PFN/SK Henry Mancilla and his broth-

er-in-law Alejandro Arellano

Scott, grandson of PFN Henry Mancilla

SK Jim Manda

Andrew Richards friend of SK John

Makenzie

Fr John Moloney

PGK SK Bill Martin

PGK John McCracken and his wife Rachel

Kellie daughter and Jo McKinley wife of

PGK SK Al (d)

Charles Miserendino

PFN Jerry Myszkowski

SK Tom Morrissey and wife Hope

Terry Brown sister of SK Dan Owens

Saylor Padgett, Mateo Briones, grand-

children, Miguel & Cecelia Briones Father &

mother in laws, PGK David Cabone and

Rita Costello friends of PFN/PGK SK Jerry Padgett

SK Jerry Padgett's grand-daughter Logan, Daughter in law Jen and Mother-in-law

Mary Gardner

Stephen Paisley son of Marilyn

Bree Rayburn, wife of SK Russ Rayburn

Deacon SK Terry Reibenspies

Sean Reeves

PGK/FN Gerry Riss niece Erin Hughes, cousin Mike Novak and friend Steve Stark

Jean Roberts wife of SK Ed

Wilda Rodriguez wife of PFN Anthony

SK Willy Romero and family

Sam Nenca cousin of SK Willie Romero

Michael Pielaet in-law of SK Jeff Sage

Miriam wife SK Louie Sanchez (d)

Amber Santiago and children

Greg Secor

john Segar

Fr Joe Shea

Angie Smith, wife, sons David and Chris of

PGK SK Bob

Susan Smith, wife and Alex son of PGK

SK Christopher

Mac Senise son Of Gary and Moira

Sara, wife of Jim Spencer

Mary wife of PGK/PFN Bob Spielman

Elaine sister of PGK/PFN Bob Spielman

Peter Stiner

SK David and wife Alberta Tellez

Brian Lampkinf son in Law of SK David

Telez

Kitty Fidermutz, daughter of

Lonnie Todd

Sandy, wife of Mike Tortorici

Ginger Trematore Wife of SK Joe(d)

Ruben Valdez

Venegas Family

Daniel Videgain

SK Gene Walinski and wife Kathy

Colleen, wife of Jim Wehr (d)

Ob also a second development of the level to the

Chelsea grand-daughter of Jack White (d) Shirley, wife of SK Dan Zengierski

Please continue praying for our service men and woman, they serve throughout the world helping to maintain peace and the ideals of our country.My brothers, if you know of someone in your family, or a friend who is in ill health, who needs our prayers, or of someone who can thankfully be removed from the list, Email me or a call at the address or number below.

Peace and God's blessings from your Bereavement and Fraternal Ministry.

SUMMER BLOOD DRIVE

Please take the time to help our community hospitals and the National grid during emergencies by donateing a pint of the red at the Knights of Columbus blood drive Saturday June 17 from 7:30 – Noon at the St Rose of Lima parish hall. Call Paul Friedeborn at 805-395-1126, Vitalant at 805-654-1600 or contact them online.

HOMELESS DINNERS

The homeless dinners are served between 5:50pm – 6:30pm at the Knights hall. If you would like to help give Rick Ostrich a call at 805-501-8818.

PENDING MOTIONS

\$300 for Santa Clara church for the kids to attend Stuebenville.

CHILI COOK-OFF AND CARSHOW

.If you haven't been called, the roster has a different number than your correct contact info, or we don't have your phone number. PLEASE call me to help at this year's Knights of Columbus Chili Cook-off, Car Show, and Music Festival, June 24. We need help from 6 AM (5:30 AM) - 10 AM, 9 AM - 1 PM, Noon (12 PM) - 4 PM, and 5 PM - 11 PM doing an assortment of tasks.

We'll also need help setting up 8 AM till done, Friday June 23, and tear down Sunday June 25. Call me at 805-395-1126 to pick a favorite time or 2.

Paul Friedeborn

HELPING HANDS PROJECTS

Thank you GK Joe Ferrall, Larry Peltier, Lee Olson, and Cathy Walinski for helping Cathy move a lot of things for PGK Gene Walinski from storage to storage, from home to storage and from storage to home (sorry if I missed anything – but you guys did wonderful work).

If any Knights are painters, potential painters, or have an inkling to become painters we have a widow interested in hiring you for some house painting. Call me for details at 805-395-1126. Paul Friedeborn





OUR COUNCIL AND ITS FUTURE

On Sunday, May 7, 15 brothers met at the K of C Hall to reflect on where we are going as a Council as we are faced with many challenges now and in the future. The following are notes taken by Brother Andrew Chauvin. Thanks, Andrew.

- Meeting purpose: Identify obstacles to the long-term viability of the Council and possible solutions, or improvements
- Rules for the meeting: no bad ideas, meeting to last no more than 2 hours
- Reviewed Supreme's Mission Statement:
 - Together, we're empowering Catholic men to live their faith at home, in their parish, at work and in their community
 - Consensus: a Mission or Vision statement could help guide Council efforts in the future. Perhaps a small group should be formed to begin developing a statement. Supreme's is good, but it is not detailed enough for the Council level
- Reviewed a list of Obstacles and Challenges:
 - ° Bingo
 - Fundraising
 - Hall maintenance
 - ° Age of members
 - New member engagement
 - Others
- Discussions
 - Bingo:
 - Council existed for many years without Bingo
 - Suggestion made to give Chairs leeway to keep it going but revisit if losing money or net proceeds not worth the effort
 - ° Hall maintenance: we need
 - Short term and long term maintenance plans
 - Kitchen especially needs modernization which could be very costly
 - Warden needs to lead the above
 - Should we start a sub-committee to
 - ♦ Approach
 - ♦ Costs
 - Budget

OUR COUNCIL AND ITS FUTURE Cont.

- Age of members: as is obvious, members doing lots of work are old;
 10 years from now, most probably won't be able to do what they're doing now for the Council
- New member engagement
 - Younger men are very busy with work
 - Our Council needs
 - To offer more than just more work and
 - Explain better what work we do during recruitment to capture young men's interest.
 - Offer more opportunity to just relax around the bar
 - Managing the length of meetings-i.e., make them shorter
 - Providing some kind of orientation after joining to help new members
 - Avoid bringing in new members just to meet an award quota
- Some other obstacles
 - Parking
 - Meetings too long
 - Communications impersonal
 - Meetings always on same day of the week
 - Should do better job in calling new members to help out
- Improvement ideas and/or Recommendations
 - Procedure manuals for major events.
 - Processes for creating, modifying, and paying budgeted charitable giving.
 - Need to do better with impactful charitable donations
 - Codify policy of charitable distributions by event chair (lesser of 10% or \$300).
 - Codify policy on commitment of large expenditures (more than \$1,000).
 - Manage perceptions of parish w.r.t. money and what we do
 - Create a viable parking plan to use of KofC hall for weekday events
 - ° Identify all "side agreements" made by Officers or event chairmen.
 - Create a Long-Term Capital Plan that is one to three years out (HVAC/ kitchen upgrades).
 - Evaluate rooftop solar panels and batteries for refrigerators/freezers.
 - Establish Green Waste program with policies and procedures.
 - ° Knights as the "unofficial workforce for St Rose (insurance).
 - Recruitment of new, younger members (school/CCD parents).

Page 12

OUR COUNCIL AND ITS FUTURE Cont.

- Getting new members to participate in meetings/events (sponsorship/ mentoring)
- Better social media presence to advertise our events and draw in members
- Investigate liability insurance for Council
- Investigate solar potential to reduce electrical power use costs
- Create an "elevator speech" for our Council for recruiting or general information to others about the K of C: this is available for global K of C here: https://www.kofc.org/en/resources/for-members/state-deputies/elevator-speech-card.pdf

CONCLUSION

As shown above, there are many areas that we can improve as a Council that will make it stronger and more sustainable. It behooves us to review them, pick out the "low-hanging fruit" first (e.g., shorter Council Meetings, document procedures, etc.) to act on now and other longer-term improvements (e.g., maintenance plans, budget process) to initiate soon!

Exemplification



We welcomed 11 new brother Knights into the order at the 5803 KC hall on May 22nd at an Exemplification of Charity, Unity and Fraternity. Of those attending, Council 5803 had 7 new members plus Brothers Frank Saraceno Sr. and Ron Mikusky advancing to full 3rd degree knights. New 5803 members are Eddy Majorski, Jared Gigliello (son of brother Al Gigliello), Jeffrey Belt, John Alderson, Don Myers, Vicente Villegas and Frank Saraceno (son of brother Frank Saraceno Sr). The Moorpark degree team performed an exceptional ceremony as usual. With the new policy of the ceremony being open to the public it was great to see many family and friends attend. A reception with refreshments following was enjoyed by all and gave us a chance to meet and get to know one another. Thank you to all those who helped make this a successful event.

PGK Dan Owens - Degree Chairman

2023 SOCCER CHALLENGE

The 2nd Soccer Challenge by the Knights of Columbus Council 5803 for 5th & 6th grade students at St. Rose of Lima School was conducted on May 11. Each of the 41 participants were treated to a pizza lunch provided by our council. We presented the top winners, in each of the 4 groups, a ribbon with either a Gold, Silver or Bronze medallion attached. The medal winners were:

5th Grade Girls:

1st Place: Mary Fraser

2nd Place: Marianne Jelenska 3rd Place: Natalie Masucci

5th Grade Boys:

1st Place: Michael Bounville 2nd Place: Miles Frehlich 3rd Place: Luiz Mendoza 6th Grade Girls:

1st Place: Natalie Fadel 2nd Place: Isabella Torres 3rd Place: Daiela Marquina

6th Grade Boys:

1st Place: Ian Fraser 2nd Place: Adan DeWaard 3rd Place: Marcos Duarte

As the Event Chairman, I would like to thank brother Knights that helped to include Gerry Padgett, Norm Ouellette, Jerry Pitstick, Frank Cross and photographer, Fred Valdez. In addition, I want to thank Principal Molly Harding and Athletic Director Saulinda Armstrong for their support and help.

GK Joe Ferrall













MEMORIAL DAY FLAG PLACING

The act of placing a flag on a gravesite is a solemn and meaningful gesture, a way of paying tribute to those who served our country. By placing flags on gravesites on Memorial Day, we not only honor those who served, but we also reaffirm our commitment to the ideals they fought for. We remember their courage and bravery, and we honor their memory by preserving the freedoms they defended.

On Friday, May 26, we continued a tradition started by dearly departed Brother, Herman Conant.

We had a great turnout of 14 volunteers who spent the afternoon placing American flags on the grave sites of our departed brothers from Council 5803 and Assembly 2557

Thank you so much to all of the volunteers who took time from their busy schedules to keep this great tradition alive.

Vivat Jesus

Fred



MEMORIAL DAY MASS

On Memorial Day, May 29th, there was a 4th degree callout for the annual Mass at Assumption Cemetery in Simi Valley. Several Knights were in attendance to show reverence to those who gave the ultimate sacrifice for our country. Bishop Gerald Wilkerson presided and a flyover of planes in formation preceded the Mass.



2022 - 2023 OFFICERS						
Grand Knight	SK Joe Ferrall	(805) 428-1894	jnl_70@outlook.com			
Spiritual Advisor	SK Deacon Terry Reibenspies	(805) 390-0745	terryreib@pacbell.net			
Deputy Grand Knight	SK Chris Fabry	(805) 624-9858	chrisfish74@hotmail.com			
Chancellor	SK Paul Friedeborn	(805) 522-6080	paulf@rsrpd.us			
Warden	John Lemos	(805) 791-7789	lemos.hvac@yahoo.com			
Recorder	Nick Wirtz	(805)791-5145	snickerdudeenw@aol.com			
Financial Secretary	SK Lee Olson	(805) 907-2984	maleegic@aol.com			
Treasurer	SK Jim Hook	(805) 579-8438	jhook643@gmail.com			
3-Year Trustee	PGK Jerry Padgett	(661) 492-5473	jtpadgett2013@gmail.com			
2-Year Trustee	PGK Chris Smith	(805) 579-7373	groobee@sbglobal.net			
1-Year Trustee	PGK Bob Smith	(805) 578-0434	truestorybob@hotmail.com			
Advocate	SK Joel Bruemmer	(818) 307-3590	bruemmer@pacbell.net			
Membership Chair	Jay Espiritu	(805) 587-9028	jayespiritu@sbcglobal.net			
Guard	John Downey	(805) 579-8970	johnandrita@sbcglobal.net			
Guard	Andrew Chauvin	(805) 295-7083	andrew.chauvin@gmail.com			
Guard	John Linscott, Jr.	(805) 428-8145	johnlinscottjr@sbcglobal.net			
District Deputy	SK Mike LoCollo	(805) 231-6188	mikelocollo@rosdrunner.com			
Insurance Representative	SK Willie Romero	(805) 522-1916	wilfrido805@hotmail.com			

COUNCIL 5803 EVENTS AND CHAIRMANS					
EVENT	DATE	CHAIRMAN	TEL	E-MAIL	
On Going/ As needed					
Bingo	On going	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com	
Blood Drive	On going	SK Paul Friedeborn 522-6080		paulf@rsrpd.us	
Christian Service Program	On going				
Family Mass	5th Sundays				
Fish Fries—1st Friday	1st Fridays	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com	
Healthy Living Director	On going	SK Frank Wilhelmi	526-6194	wilhelmi@pacbell.net	
Helping Hands	As needed	SK Paul Friedeborn	522-6080	paulf@rsrpd.us	
Homeless Breakfast	Monthly	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com	
Homeless Dinner	3rd Fridays	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com	
Membership Chair	On going	Jay Espiritu	587-9028	jayespiritu@sbcglobal.net	
Admissions Chair	On going	PGK George Gnesda	522-5699	g.gnez@yahoo.com	
Knights Knews- Bulletin	On going	SK Joel Bruemmer	(818)307-3590	bruemmer@pacbell.net	
Pro-Life Breakfast	5th Sundays	SK Tony Lemos SK George Lemos	584-3803 584-9816	eliman7@sbcglobal.net lemos11@sbcglobal.net	
Rosary for the Unborn	1st Saturday	SK Tony Lemos SK George Lemos	584-3803 584-9816	eliman7@sbcglobal.net lemos11@sbcglobal.net	
Various Food Drives	TBA	TBD			
Seasonal					
Fish Fries- Lenten	Ash Wed to East- er (Fridays)	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com	
Monday Night Football	Sept- Jan	PGK John Antonacci	559-2944	john thetilepro@yahoo.com	
Bowling	Sept-May	PGK George Gnesda	522-5699	g.gnez@yahoo.com	
PADS	Oct-April	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com	
K of C 5803 Toy Drive	Oct-Dec	PGK Cliff Wirtz PGK Norm Ouellette	208-8970 551-3704	cawpaw@aol.com njouellette7@yahoo.com	
Once Per Year					
Charter Night	TBD	SK Richard O'Donnell	522-0906		
Super Bowl Party	February	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com	
Annual Men's Retreat	March	Oren Robles	(805) 432-6034	orencio8@yahoo.com	
St Patrick's Day Dinner	March	GK Joe Ferrall	428-1894	jnl_70@outlook.com	
Scholarship	Spring	PGK Bob Smith	587-0434	truestorybob@hotmail.com	
Free Throw Contest	Spring	PGK George Gnesda	522-5699	g.gnez@yahoo.com	
Soccer Chalange	Spring	GK Joe Ferrall	805-428-1894	jnl_70@outlook.com	
International Dinner/Vocation Sun.	TBD	PGK Cliff Wirtz	208-8970	cawpaw@aol.com	
Chili Cook Off	June TBD	SK Lee Olsom	805-527-7542	maleegic@aol.com	
Installation of Officers	July			5 -	
Turnover Dinner	July				
PGK Testimonial Dinner	September	PGK Bob Smith	578-0434	truestorybob@hotmail.com	
Simi Valley Days	September	SK John MacKenzie PGK John Antonacci	522-9818 559-2944	ukmackenzie@yahoo.com john_thetilepro@yahoo.com	
Bishop Fishing Trip	Oct	PGK Christopher Smith	579-7373	groobee@sbcglobal.net	
Dream Cuisine	Oct	PGK Cliff Wirtz	208-8970	cawpaw@aol.com	
MRC Tootsie Roll Drive	October	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com	
Columbus Day Dinner	October	SK Tony Gammariello	522-9548	tgammy@yahoo.com	
Thanksgivng Dinner / Turkey Shoot	November	PGKs Jerry Padgett & Rick Ostrich	661-492-5473 501-8818	rickostrich@yahoo.com	
Memorial Mass	November	PGK Bob Smith	578-0434	truestorybob@hotmail.com	
Hanicapable Lunch	December	DGK Chris Fabry	805-624-9858	chrisfish74@hotmail.com	
New Years Party	Dec 31st				

June 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 4th degree callout Romero Romas	2 Fish Fry	3 *Men's Holy Hour 7AM *Rosary at Assumption 9:30AM *Bingo
4 Homeless din- ner 5:30-6:30	5 Chili Cook-off meeting 6:30PM	6 *Bingo at SROL	7 5803 Officers Meeting 7PM Benefit Night - Romero	8	9 Funeral for John McDer- mott Bethany to fol- low in Knight's Hall 2PM	10 *Men's Holy Hour 7AM
Homeless din- ner 5:30-6:30 Eucharistic Procession St. Rose 2PM	12 Chili Cook-off meeting 6:30PM	13 *Bingo at SROL	14 5803 Business Meeting 7PM Council Elec- tions FLAG DAY	15	16	17 *Men's Holy Hour 7AM *Blood Drive
18 FATHERS DAY Homeless din- ner 5:30-6:30	19 Chili Cook-off meeting 6:30PM At SROL	20 *Bingo at SROL	*4th degree Officers meet- ing 6PM Rosary 7:00PM Meeting 7:30PM	22 Chili Cook-off setup	23 Chili Cook-off setup	24 *Men's Holy Hour 7AM CHILI COOK-OFF
25 Homeless din- ner 5:30-6:30 Chili Cook-off tear down	26	27 *Bingo at SROL	28	29	30	

July 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						*Men's Holy Hour 7AM *Rosary at As- sumption 9:30AM
2	3	4 NO BINGO INDEPEND- ENCE DAY	5 5803 Officers Meeting 7PM	6	7 No Fish Fry	8 *Men's Holy Hour 7AM
9 5803 Installa- tion STRL 3- 4pm Turnover Din- ner, KC hall 4:30	10	Bingo at SROL	12 5803 Business Meeting 7PM Council Elec- tions	13	14	15 *Men's Holy Hour 7AM
16	17	18 Bingo at SROL Men's disciple group 7pm	*4th degree Officers meet- ing 6PM Rosary 7:00PM Meeting 7:30PM	20	21	*Men's Holy Hour 7AM
23	24	25 Bingo at SROL	26	27	28	29 *Men's Holy Hour 7AM
30	31					